

**PENCAMPWRIAETHAU T & M CENEDLAETHOL CAYC / WSAA NATIONAL T & F
CHAMPIONSHIPS**
Gemau Cymru
AMSERLEN DROS DRO MAES 2016 (*amodol) PROVISIONAL FIELD TIMETABLE 2016
(*subject to change)

	Llofnaid Polyn/Pole Vault	Naid Hir/Long Jump	Naid Drifflyg/Triple Jump	Naid Uchell/High Jump
11.00	Bechgyn Iau/Merched Iau/Merched Canol Junior Boys/Junior Girls/Middle Girls	Bechgyn Canol/Middle Boys	Bechgyn Iau/Junior Boys	Merched Canol/Middle Girls
12.00		Bechgyn Hyn/Senior Boys	Merched Hyn/Senior Girls	Bechgyn Canol/Middle Boys
13.00		Merched Iau/Junior Girls	Merched Canol/Middle Girls	Bechgyn Hyn/Senior Boys
14.00	Bechgyn Hyn/Bechgyn Canol/Merched Hyn Senior Boys/Middle Boys/Senior Girls	Merched Hyn/Senior Girls	Bechgyn Hyn/Senior Boys	Bechgyn Iau/Junior Boys
15.00		Merched Canol/Middle Girls	Bechgyn Canol/Middle Boys	Merched Iau/Junior Girls
16.00		Bechgyn Iau/Junior Boys		Merched Hyn/Senior Girls

	Morthwyl/Hammer	Disgen/Discus	Gwaywffon/Javelin	Taflu Maen/Shot
11.00	Bechgyn Hyn/Senior Boys	Merched Canol/Middle Girls	Bechgyn Iau/Junior Boys	Merched Iau/Junior Girls
12.00	Bechgyn Canol/Middle Boys	Bechgyn Hyn/Senior Boys	Merched Iau/Junior Girls	Bechgyn Iau/Junior Boys
13.00	Merched Canol/Middle Girls	Merched Hyn/Senior Girls	Merched Canol/Middle Girls	Bechgyn Canol/Middle Boys
14.00	Bechgyn Iau/Junior Boys	Bechgyn Canol/Middle Boys	Merched Hyn/Senior Girls	Bechgyn Hyn/Senior Boys
15.00	Merched Iau/Junior Girls	Bechgyn Iau/Junior Boys	Bechgyn Hyn/Senior Boys	Merched Hyn/Senior Girls
16.00	Merched Hyn/Senior Girls	Merched Iau/Junior Girls	Bechgyn Canol/Middle Boys	Merched Canol/Middle Girls

